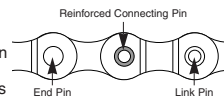


General Safety Information

WARNING

- The ST-M600 DUAL CONTROL lever is used for both gear shifting and braking operations. Make sure that you fully understand and are accustomed to the gear shifting and braking operations for your bicycle. Refer to the illustration for the method of operation.
- Braking can only be performed with the DUAL CONTROL lever. If you use the gear shifting release lever (Auxiliary release lever) for braking, the release lever may become damaged and you may lose control of the bicycle, which could result in an accident.
- If the internal unit of the DUAL CONTROL lever becomes damaged, the lever will move down from the normal lever position, and it may move to a position where braking is difficult to carry out. If this happens, you should stop riding the bicycle immediately.
- Make sure that you understand the following points regarding the dropout thickness before use. If the left and right end thicknesses are not within 7 - 10 mm, the dropout cannot be used. If you use a dropout with thicknesses that are less than 7 mm, the hub axle fixing nut will protrude and it will not secure the hub sufficiently. If it is more than 10 mm, the hub axle fixing nut will not be long enough to fully grip and it may damage the thread.
- Before riding, confirm that the hub axle has been tightened with torque of 35 - 45 N·m and the wheel has been secured to the frame. Serious injury can result from falling if the wheel comes off.
- Use neutral detergent to clean the chain. Do not use alkali-based or acid based detergent such as rust cleaners as it may result in damage and/or failure of the chain.
- Use the reinforced connecting pin only for connecting the narrow type of chain.
- There are two different types of reinforced connecting pins available. Be sure to check the table before selecting which pin to use. If connecting pins other than reinforced connecting pins are used, or if a reinforced connecting pin or tool which is not suitable for the type of chain is used, sufficient connection force may not be obtained, which could cause the chain to break or fall off.
- If it is necessary to adjust the length of the chain due to a change in the number of sprocket teeth, make the cut at some other place than the place where the chain has been joined using a reinforced connecting pin or an end pin. The chain will be damaged if it is cut at a place where it has been joined with a reinforced connecting pin or an end pin.
- Check that the tension of the chain is correct and that the chain is not damaged. If the tension is too weak or the chain is damaged, the chain should be replaced. If this is not done, the chain may break and cause serious injury.
- Use a front chainwheel which is compatible with 9-speed chains in conjunction with Shimano CN-7701, CN-HG93 and CN-HG73 chains. If a chainwheel for an 8-speed chain or less is used, front chainwheel gear shifting problems may occur, or the chain pins might fall out, causing the chain to break.
- Obtain and read the service instructions carefully prior to installing the parts. Loose, worn, or damaged parts may cause injury to the rider. We strongly recommend only using genuine Shimano replacement parts.
- Read these Technical Service Instructions carefully, and keep them in a safe place for later reference.

Chain	Reinforced connecting pin	Chain tool
9-speed super narrow chain such as CN-7701 / CN-HG93	6.5mm Silver	TL-CN32 / TL-CN23
8-/7-/6-speed narrow chain such as CN-HG50 / CN-HG51	7.1mm Black	TL-CN32 / TL-CN23



CAUTION

- Do not loosen the B shaft bolt while the RD-M600 rear derailleur is installed to the frame.

Note

- If gear shifting operations do not feel smooth, wash the derailleur and lubricate all moving parts.
- If the amount of looseness in the links is so great that adjustment is not possible, you should replace the derailleur.
- You should periodically clean the derailleur and lubricate all moving parts (mechanism and pulleys).
- If gear shifting adjustment cannot be carried out, check the degree of parallelism at the rear end of the bicycle. Also check if the cable is lubricated and if the outer casing is too long or too short.
- If you hear abnormal noise as a result of looseness in a pulley, you should replace the pulley.
- If the wheel becomes stiff and difficult to turn, you should lubricate it with grease.
- Do not apply any oil to the inside of the hub, otherwise the grease will come out.
- You should periodically wash the sprockets in a neutral detergent and then lubricate them again. In addition, cleaning the chain with neutral detergent and lubricating it can be an effective way of extending the useful life of the sprockets and the chain.
- If the chain keeps coming off the sprockets during use, replace the sprockets and the chain.
- Adjust the RD-M600 reverse spring type rear derailleur from the low side.
- Use a frame with internal cable routing is strongly discouraged as it has tendencies to impair the SIS shifting function due to its high cable resistance.
- Always be sure to use the sprocket set bearing the same group marks. Never use in combination with a sprocket bearing a different group mark.
- Use an outer casing which still has some length to spare even when the handlebars are turned all the way to both sides. Furthermore, check that the shifting lever does not touch the bicycle frame when the handlebars are turned all the way.
- Make sure that the gear shifting cable and the brake cable do not obstruct each other during braking operations. If they do obstruct, it may interfere with braking.
- Install the cables so that they still have some slack in them even when the handlebars are turned fully in either direction.
- A special grease is used for the gear shifting cable (SIS-SP41). Do not use DURA-ACE grease or other types of grease, otherwise they may cause deterioration in gear shifting performance.
- Grease the inner cable and the inside of the outer casing before use to ensure that they slide properly.
- For smooth operation, use the specified outer casing and the bottom bracket cable guide.
- Operation of the levers related to gear shifting should be made only when the front chainwheel is turning.
- If the brake fluid used in the oil disc brakes is of a type which tends to adhere to the plastic parts of the shifting lever, this may cause the plastic parts to crack or become discolored. Therefore, you should make sure that the brake fluid does not adhere to these plastic parts.
- The mineral oil which is used in SHIMANO disc brakes does not cause cracking or discoloration if it adheres to plastic parts, but such parts should be cleaned with alcohol beforehand to prevent foreign particles from adhering.
- Parts are not guaranteed against natural wear or deterioration resulting from normal use.
- For maximum performance we highly recommend Shimano lubricants and maintenance products.
- For any questions regarding methods of installation, adjustment, maintenance or operation, please contact a professional bicycle dealer.



Technical Service Instructions

SI-6JZRC

Rear Drive System

In order to realize the best performance, we recommend that the following combination be used.

Series	HONE	Freehub	FH-M600
DUAL CONTROL lever	ST-M600	Gears	9
Outer casing	SIS-SP41	Cassette sprocket	CS-M580
Rear derailleur	RD-M600	Chain	CN-HG73
Type	SGS / GS	Bottom bracket guide	SM-SP17 / SM-BT17

SHIMANO

SHIMANO AMERICAN CORPORATION
One Holland, Irvine, California 92618, U.S.A. Phone: +1-949-951-5003

SHIMANO EUROPE B.V.
Industrieweg 24, 80171 GJ Munspeet, The Netherlands. Phone: +31-341-22222

SHIMANO INC.
3-77 Oimatsu-cho, Sakai, Osaka 590-8577, Japan
Please note: specifications are subject to change for improvement without notice. (English)
© May 2005 by Shimano Inc. XBC SZK Printed in Japan

These service instructions are printed on recycled paper.

This service instruction explains how to use and maintain the Shimano bicycle parts which have been used on your new bicycle. For any questions regarding your bicycle or other matters which are not related to Shimano parts, please contact the place of purchase or the bicycle manufacturer.

Specifications

Rear Derailleur

Model number	RD-M600	
Type	SGS	GS
Gears	9	
Total capacity	45T	33T
Largest sprocket	34T	34T
Smallest sprocket	11T	11T
Front chainwheel tooth difference	22T	22T

Cassette sprocket tooth combination

Model number	Group name	Gears	Tooth combination
CS-M580	ar	9	11, 12, 14, 16, 18, 21, 24, 28, 32T
	au	9	11, 13, 15, 17, 20, 23, 26, 30, 34T

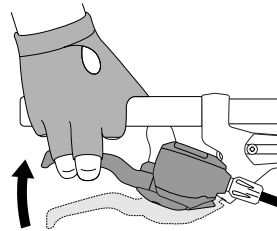
Freehub

Model number	FH-M600
Gears	9
No. of spoke holes	36 / 32

These Service Instructions describe the operation method when using the ST-M600 DUAL CONTROL lever in combination with the RD-M600 reverse spring-type rear derailleur. If using in combination with a top normal-type derailleur, the operations and indicator displays will be reversed.

Operating the levers

Operating the brake lever

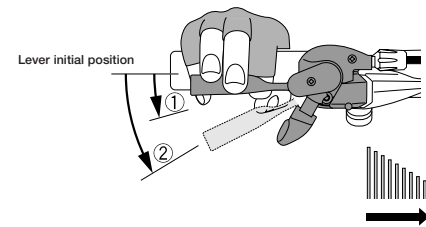


Gear shifting operation

The lever always returns to the initial position when it is released after shifting. When operating the lever, always be sure to turn the crank arm at the same time.

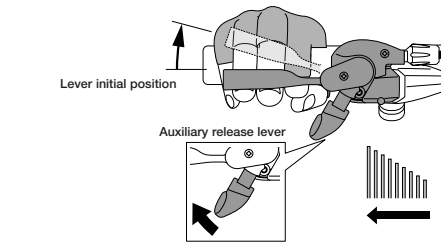
To shift from a large sprocket to a smaller sprocket

To shift one step only, press lever to the (1) position. To shift two steps at one time, press to the (2) position. A maximum two-step shift can be made in this manner.



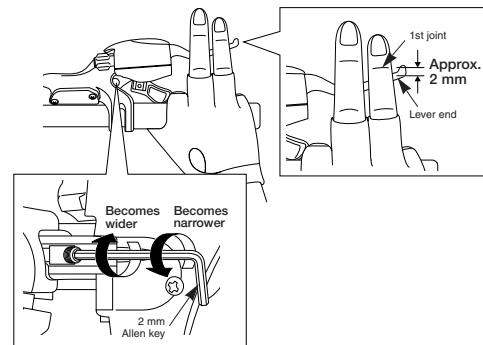
To shift from a small sprocket to a larger sprocket

Press lever once to shift one step from a smaller to a larger sprocket.



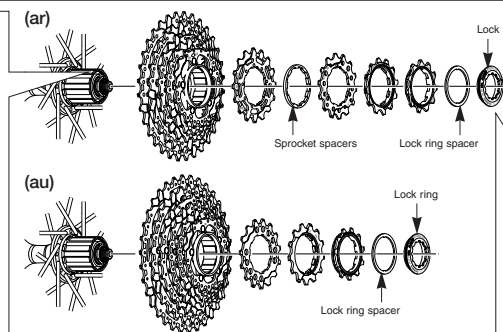
Adjusting the grip width

It is recommended that you adjust the grip widths of the levers to the most comfortable widths for gear shifting and braking.



Installation of the sprockets

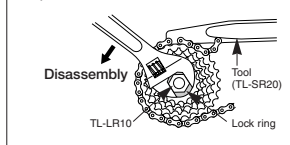
For each sprocket, the surface that has the group mark should face outward and be positioned so that the wider part of each sprocket and the A part (where the groove width is wide) of the freewheel body are aligned.



For installation of the sprockets, use the special tool (TL-LR10) to tighten the lock ring.

Tightening torque:
30 - 50 N·m (261 - 434 in. lbs.)

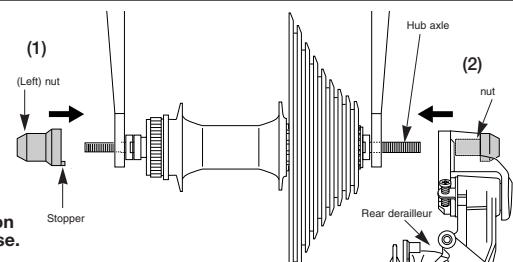
To replace the sprockets, use the special tool (TL-LR10) and TL-SR20 to remove the lock ring. Install the TL-SR20 to the largest sprocket.



Installation of the rear derailleur

- Secure the freehub to the frame with the (left) nut. (Secure the freehub to the frame at the position where the stopper of the left nut is inside the notch of the dropout.)
- Secure the freehub and the rear derailleur with the nut. Check that the pawl on the fork end is set into the end stopper.

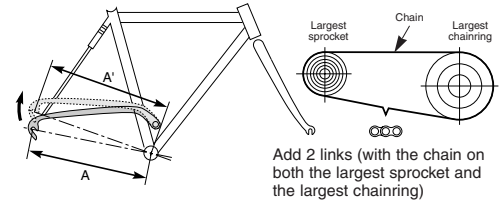
Freehub hub / Rear derailleur
tightening torque:
35 - 45 N·m (305 - 392 in.lbs)



Be sure to read these service instructions in conjunction with the service instructions for the RD-M600 before use.

Chain length on bicycles with rear suspension

The length of A will vary depending on the movement of the rear suspension. Because of this, an excessive load may be placed on the drive system if the chain length is too short. Set the length of the chain by adding two links to the chain when the rear suspension is at a position where dimension "A" is longest and the chain is on the largest sprocket and the largest chaining. If the amount of movement of the rear suspension is large, the slack in the chain may not be taken up properly when the chain is on the smallest chaining and smallest sprocket.



Add 2 links (with the chain on both the largest sprocket and the largest chaining)

Installation of the lever

Use a handlebar grip with a maximum outer diameter of 32 mm.

Tightening torque:
6 - 8 N·m (53 - 69 in. lbs.)

In the case of carbon handlebars, it may be necessary to lower the tightening torque in order to prevent damage to the handlebar. Please consult the bicycle or handlebar manufacturer regarding the appropriate level of tightening torque for carbon handlebars.

SIS Adjustment

Installation of the chain

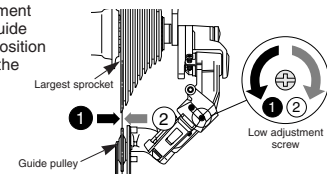
Install the chain with the Pro-Set alignment block still attached. After installing, remove the Pro-Set alignment block.

Turn the crank arm to set the derailleur to the low position.

Start the adjustment after loosening the bump stopper adjustment bolt.

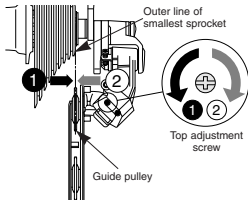
1. Low adjustment

Turn the low adjustment screw so that the guide pulley moves to a position directly in line with the largest sprocket.



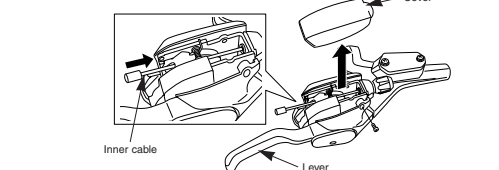
2. Top adjustment

Turn the crank arm while pulling the derailleur with your hand to move the derailleur to the top position, and then turn the top adjustment screw to adjust so that the guide pulley is in line with the outer line of the smallest sprocket when looking from the rear. Turn the crank arm to set the derailleur to the low position.

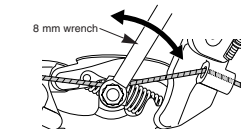


3. Connecting and securing the inner cable

Operate lever eight times or more, and check on the indicator that the lever is at the lowest position. Then remove the cover and connect the inner cable.



Connect the inner cable to the derailleur as shown in the illustration.

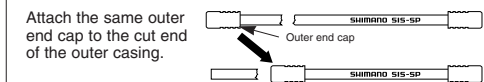


Connect the cable to the rear derailleur and, after taking up the initial slack in the cable, re-secure to the rear derailleur as shown in the illustration.

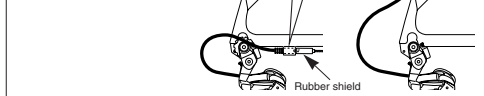
Tightening torque:
5 - 7 N·m (44 - 60 in. lbs.)

Cutting the outer casing

When cutting the outer casing, cut the opposite end to the end with the marking. After cutting the outer casing, make the end round so that the inside of the hole has a uniform diameter.



Attach the same outer end cap to the cut end of the outer casing.

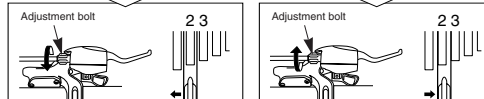
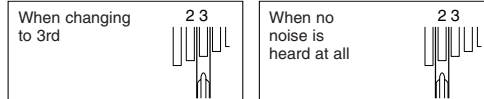


4. How to use the B-tension adjustment screw

Mount the chain on the smallest chaining and the largest sprocket, and turn the crank arm backward. Then turn the B-tension adjustment screw to adjust the guide pulley as close to the sprocket as possible but not so close that it touches. Next, set the chain to the smallest sprocket and repeat the above to make sure that the pulley does not touch the sprocket.

5. SIS Adjustment

Push lever while turning the crank arm to move the derailleur to the largest sprocket. Then operate lever once to move the derailleur to the 2nd-gear sprocket. After this, operate lever just as far as the extent of play, and then turn the crank arm.



Turn the cable adjustment bolt clockwise to tighten it until the chain returns to the 2nd sprocket.

* Turn the adjustment bolt together with the outer casing adjustment barrel cover.

Turn the cable adjustment bolt counterclockwise to loosen it until the chain touches a sprocket and generates noise.

* Turn the adjustment bolt together with the outer casing adjustment barrel cover.

Best setting

The best setting is when the cable adjustment bolt is tightened (turned clockwise) until noise occurs without lever being operated, and then loosened (turned counterclockwise) 90 - 180 degrees from that point.

Operate lever to change gears, and check that no noise occurs in any of the gear positions.

For the best SIS performance, periodically lubricate all power-transmission parts.

Lastly, adjust the bump stopper adjustment bolt.

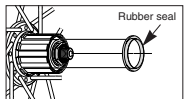
6. Adjustment of the bump stopper

With the pulley cage fully extended, adjust the clearance between the top of the P body and the chainstay to 5 - 10 mm. Be careful not to overtighten.

Replacement of the freewheel body

After removing the hub axle, remove the freewheel body fixing bolt (inside the freewheel body), and then replace the freewheel body.

Install the rubber seal as the last item after replacing the freewheel body, and make sure that it does not get clamped by the waterproof cap.



Tightening torque:
35 - 50 N·m (305 - 434 in. lbs.)

Note: Do not attempt to disassemble the freewheel body, because it may result in a malfunction.

