

General Safety Information

⚠ WARNING

- Before use, check the wheels to make sure that there are no bent or loose spokes, dents, scratches or cracks on the rim surface. Do not use the wheel if any of these problems are found.
- Do not use in combination with bottom link-type suspension forks. With these types of forks, the clearance between the hub axle and the brake shoes can change due to the operation of the suspension, so that when the brakes are applied, the brake shoes may touch the spokes.
- If the quick release mechanism is not used correctly, the wheel may come off the bicycle and serious injury could result. Read the Service Instructions for the quick release mechanism thoroughly before use.
- These wheels are designed for riding on paved surfaces. If the wheels are used on unpaved surfaces, the wheels may become bent or damaged, and accidents may result.
- Check that the wheels are fastened securely before riding the bicycle. If the wheels are loose in any way, they may come off the bicycle and serious injury may result.
- Obtain and read the service instructions carefully prior to installing the parts. Loose, worn, or damaged parts may cause injury to the rider. We strongly recommend only using genuine Shimano replacement parts.
- Read these Technical Service Instructions carefully, and keep them in a safe place for later reference.

⚠ CAUTION

- The tires should be inflated to a suitable pressure before use.
- If using rims with clincher tires, use rim tape with a size of 18-622 and which can withstand high pressures, otherwise the tires may suddenly puncture and come off, and severe injury may result. Furthermore, it is not recommended that you reuse rim tape after it has been removed from the wheel. If the tape is reused, the tires may suddenly puncture and come off, and severe injury may result.

CAUTION

- The Shimano R55HC (high performance) brake shoes use an aggressive compound designed with an emphasis on maximum performance in wet conditions, however they will cause accelerated rim wear. Shimano accepts no responsibility for reduced rim life which might occur from using R55HC brake shoes.
- Use of genuine Shimano spokes, nipples and washers is strongly recommended. If non-Shimano parts are used, the area where the nipple seats into the hub flange may become damaged.
- Before use, check that there are no pieces of metal or other foreign objects sticking to the brake pads. If any such items are present, they may cause damage to the rim when the brakes are applied.
- The nipples have large diameters and are easy to rotate in order to make it easier to increase the spoke tension. However, be careful not to overtighten the nipples when adjusting the spoke tensions. If the nipples are overtightened, damage to the rim may result. (We recommended that you ask authorized bicycle dealers to make the adjustments.)

Note

- If the wheel becomes stiff and difficult to turn, you should lubricate it with grease.
- Do not apply any oil to the inside of the hub, otherwise the grease will come out.
- The hollow on the other side of the valve from the hole is a guide for indicating the wear of the rim. If this hollow is no longer visible, the rim is at the end of its useful life.
- Special spoke wrenches are available as optional accessories.
- We recommend that you ask authorized bicycle dealers to adjust the spoke tensions if there is any initial play in the spokes and after the first 1,000 km of riding.
- Spoke protectors (CP-WH20-A) are also sold separately. Please ask your bicycle dealer for details.
- For maximum performance we highly recommend Shimano lubricants and maintenance products.
- Reflectors (manufactured by CATEYE) are also sold separately. Please ask your bicycle dealer for details.

Model number	Specification	Color
RR-550-WUWSW	CPSC	White
RR-550-WUASW	AS	Amber
RR-317-WUASW	DIN	Amber

- Parts are not guaranteed against natural wear or deterioration resulting from normal use.

In order to realize the best performance, we recommend that the following combination be used.

Applicable tire size	Clincher tire
	700C (19C - 28C)
Largest sprocket	21 - 27T

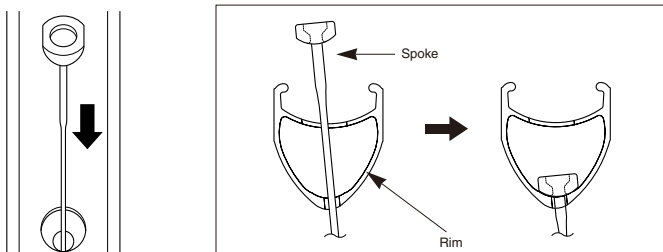
This wheel can be used with 8-gear, 9-gear and 10-gear sprocket sets. (If using a 10-gear sprocket set other than for a junior bicycle, use the accessory 1-mm spacer.) Refer to the Product Technical Information for details on combination with other parts such as chains and cassette sprockets.

Specifications

Model number	WH-5600 / R580 / R561	WH-R560 / R550
Rim size	700C (622 x 15C)	
Applicable spoke length	For front	284 mm
	For rear	300 mm / 276 mm
Rim width	20.8 mm	

Replacing the spokes

Hook the spoke through the rim as shown in the illustration.



Technical Service Instructions

SI-4BE0D

**WH-5600 / WH-R580
WH-R561 / WH-R560
WH-R550**

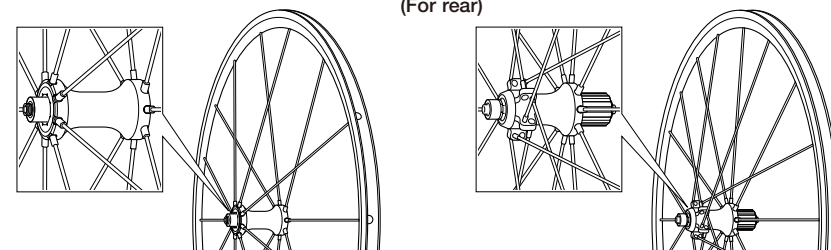
Wheel

Spoke lacing

Lace the spokes as shown in the illustration.

(For front)

At the front, a radial assembly is used at both the left and right

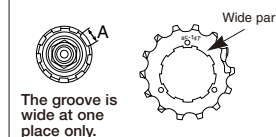


Spoke tension value		
For front	For rear	
	Right (sprocket) side	Left side
980-1400N (220-315lbf)	1000-1600N (225-360lbf)	600-1100N (135-247lbf)

*These values should be used as a guide only.

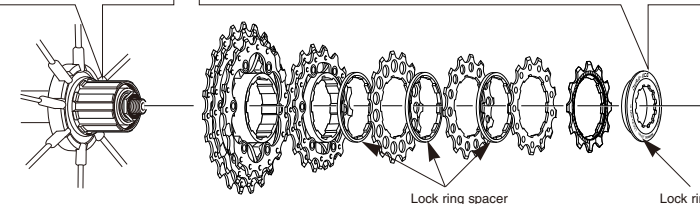
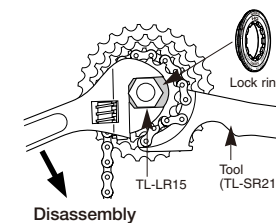
Installation of the HG sprockets

For each sprocket, the surface that has the group mark should face outward and be positioned so that the wide parts of the gear projections on each sprocket and the A part (where the groove width is wide) of the freewheel body are aligned.



- For installation of the HG sprockets, use the special tool (TL-LR15) to tighten the lock ring.
- To replace the HG sprockets, use the special tool (TL-LR15) and TL-SR21 to remove the lock ring.

Tightening torque:
30 - 50 N·m
{261 - 434 in. lbs.}

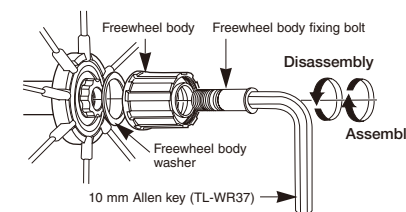


Replacement of the freewheel body

After removing the hub axle, remove the freewheel body fixing bolt (inside the freewheel body), and then replace the freewheel body.

Note:
Do not attempt to disassemble the freewheel body, because it may result in a malfunction.

Tightening torque:
35 - 50 N·m {305 - 434 in. lbs.}



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